

To schedule an appointment, please call 651-487-2198 (Premier Chiropractic)

or my cell: 651-492-3477 or fax to 651-646-0283

Patient should bring this prescription and insurance information to the first Personal Fitness Systems appointment.

Insurance reimbursement may require a referral from the patient's primary care clinic or prior authorization from the insurance provider.

Phone	
Check one of the following services: 1 Fitness training program 2 Fitness testing 3 Massage up to sessions	
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Physician name:	_ Clinic
Physician signature:	Date
▼ Fitness training ▼ Fitness testing ▼	Massage/Kinesio Taping
decreased aerobic endurance heart rate recovery decreased muscle endurance muscle endurance decreased muscle strength flexibility arthritis back pain/neck pain carpal tunnel chronic fatigue chronic pain depression	arthritis asthma back pain/neck pain carpal tunnel chronic pain chronic fatigue depression fibromyalgia headaches hypertension insomnia migraines multiple sclerosis